

I am a research psychologist at the University of Miami and a specialist in behavioral medicine. Obesity is a growing epidemic in our country mostly due to a lack of physical inactivity.

Bicycling has tremendous potential to improve the health of our nation as well as improve other problems such as highway congestion, poor air quality, and costly energy dependence. I urge you to find ways of incorporating bicycling into our nation's transportation systems and decrease our reliance on the motorized vehicles.

Thank you.

Marc Gellman, Ph.D.